



# October is Dental Hygiene Month!

Practicing good dental hygiene is something that should be done each and every day. To help the office celebrate dental hygiene month, our hygienists answered a few questions that patients frequently ask.

**Q: How can I get a whiter smile?**

**A:** One simple way to achieve a brighter smile is to use an electric tooth brush. Doing so allows you to clean deeper and remove more surface stains. Our office also makes custom at-home whitening trays. Ask how you can get started today!

**Q: Am I a candidate for orthodontics?**

**A:** Our orthodontics are offered to patients of all ages. Traditional and clear options are available depending on the case. Schedule a free consultation with Dr. Schmude to learn more about the options we offer!

**Q: How often do I need to get X-rays taken?**

**A:** Bitewing X-rays must be taken once a year. This is important for your hygienist and dentist to fully examine the state of your oral health. A pan X-ray or full mouth series should be taken once every 5 years.

Call us today to schedule your cleaning!

## FALL SPECIAL!

Make sure your child's smile is protected this Fall!

Sports Mouth Guards only



Available in a variety of colors!  
Special valid thru November

## News From the Doctors

**Dr. Mutch**

Was voted Best of the Best Dentist 2018!! We celebrated the office's success at Side Tracks back in July. Thank you to all our patients that help make Lapeer Dental Centre great!

**Dr. Nate**

Participated in the View Lady's Classic in August. Dr. Nate was one of the celeb caddies for the event! All of the funds raised were donated to LACADA. The outing was able to raise thousands!

**Dr. Schmude**

Has been enjoying his summer with his family and foster girls! Together they traveled to Mackinac Island and Tennessee and spent time on their boat! The girls had an exciting summer experiencing many firsts!

